



June 17, 2024

To Whom It May Concern:

This is to certify that **Nancy Walton** participated in The Shift Network's **Sound Healing Summit 2019**, hosted by **Alec W. Sims**. The summit took place from **September 9-13, 2019**, for a total of 35 broadcast hours.

The **Sound Healing Summit** was a virtual, online gathering with over 35 world-renowned experts. This summit covered the following, plus much more:

- Sacred healing chants, breathing, mantras, and sonic meditations to empower you and balance your mind
- The nature and inter-relationship of sound, healing, and consciousness
- The role of tone, tempo, and pattern as primary components of therapeutic music and sound
- The intersection between stillness and sound — for heart coherence and resonance with the field
- How simple sound and meditation techniques can help you reset your nervous system, boost your immunity, and cultivate compassionate relationships
- The power of drum-sing-dance... how to de-stress in 15 minutes or less and bring more joy into your life
- Exactly how sound and vibration work — physically, mentally, emotionally, and spiritually
- Practical tips for expanding your personal sound practice and sharing it with others
- New science and research uncovering the true potential of music in integrative medicine
- Conscious listening as a bridge to creativity and connectivity
- Acoustical bridges to your spiritual self, essential nature, and highest purpose

For more information about this summit and the summit speakers, visit <http://shs19.tsnsummits.com/>. If you have any questions, please do not hesitate to contact our Support Team by emailing support@theshiftnetwork.com.

Sincerely,

A handwritten signature in black ink, appearing to read 'Joshua Wise', written in a cursive style.

Joshua Wise
Senior Director of Education
The Shift Network Inc.